

# Transportation • Communications • International Union

Los Angeles Metropolitan Transportation Authority  
Health & Welfare Trust Fund

Administered By: Benefit Programs Administration

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[www.tcu-mtawelfare.org](http://www.tcu-mtawelfare.org)

November 2021

**To:** Eligible Participants Enrolled in the Transportation Communications International Union – Los Angeles Metropolitan Transportation Authority Health & Welfare Fund's Fee-For-Service Dental Plan

**From:** Transportation Communications International Union – Los Angeles Metropolitan Transportation Authority Health & Welfare Fund's Board of Trustees

**Re: First Dental Health Preferred Provider & Exclusive Provider Dental Networks**

Dear Eligible Participant:

As a reminder, participants enrolled in the Transportation Communications International Union – Los Angeles Metropolitan Transportation Authority Health & Welfare Fund's Fee-For-Service Dental Plan will have the **option** to utilize both the First Dental Health Preferred Provider (PPO) & Exclusive Provider (EPO) Dental Networks

**Please know that the current dental benefits provided by the TCU-LAMTA Health & Welfare Fund are not changing.**

Participants can access the First Dental Health website at [www.firstdentalhealth.com](http://www.firstdentalhealth.com) or they can call (800) 334-7244 to find a participating dentist within the First Dental Health network. We have also enclosed the First Dental Health Plan Information Card for your convenience.

First Dental Health is a voluntary program. However, **by using a First Dental Network Dentist will reduce dental costs for yourself and also the Fund.** Dental claims continue to be submitted to the Funds administrative office for processing.

If you have any questions regarding the new First Dental Health PPO & EPO networks please visit the above referenced website or contact the Administrative Office at 1-800-427-5342.

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